



Pooped-out paddlers: The war canoe race was obviously an exhausting grind for members of this Balmby Beaches-area club celebrated its 75 birthday, but received no gifts from North Bay's paddlers, who won the seven-club contest with a total of 193 points.

Beach club gets paddled

By Lawrence Knox
Toronto Star special

The Balmby Beach Club celebrated its 75th birthday with its annual canoeing regatta yesterday, but there was little cheer for the club's paddlers in this year's seven-club competition.

For the second week in a row and only the second time this season, the North Bay club won the day, finishing with 193 points. The Mississauga Canoe Club, which had won all regattas this season until last week in North Bay, wound up in second place with 164 points. Oakville's club was third with 120 points.

Balmby Beach, which finished third last week in North Bay, finished in fifth place yesterday with 43 points.

Rough waters

"Part of our problem is that Lake Ontario can be rough to train on," Balmby Beach commodore Bob Millward said after the races. "Most of the other clubs have relatively smooth waters for training."

"Our best events are the war canoes (14 paddlers and a coxswain) and the C4s (four-man crew). But we have turned out some Olympic competitors over the years. The last time was when Kenny Lane and Don Hawgood were selected back in 1952."

It wasn't all bad news for the Beachers. The bantam paddlers performed well in the morning to win the age-group championship with 38 points, 11 better than North Bay's second-place effort. Oakville was third with 31 points.

It now appears that North Bay is the team to beat in the Western Division of the Canadian Canoe Association, but Mississauga could rebound and offer a major challenge in the remaining days before championship competitions begin.

'Always at top'

"We have good coaching by former Olympic team coach Rob Siecht," said Jean Abbott, commodore of the Mississauga club and mother of 1976 Olympic team member Jeremy Abbott.

"We take the kids from bantam and work on them. We're always at the top of our division. And we've won the Canadian title six of the last 12 years."

The division championships begin in two weeks, to be followed by the Ontario championships at Carleton Place in Ottawa one week later. The Canadian championships are to be held in Nova Scotia late in August.

Balmby Beach's Millward says his club is going strong after 75 years. Millward typifies his club's membership. He joined the club when he grew up in the Beaches area. When he married 15 years ago, he moved from the area, but returned seven years ago.

Argos in no rush for Adams' return

By Allan Ryan Toronto Star

Tony Adams was pitching 50 yarders effortlessly yesterday as the unbeaten Toronto Argonauts, obliged to sauna in full uniform at Lamport Stadium, responded by devastating the club's all-time record for consumption of nine gallons worth of green thirst-quencher.

Off to their first 2-0 start since Joe The Throw fired them out of the blocks in 1973, Argos have done so behind the quarterbacking abilities of one, Mark Jackson, the back-up Art Adams and his shoulder partially parted ways during the first half of Argos' first preseason outing almost six weeks ago.

Now, the 36-year-old Adams, clearly a fast healer, obviously seems ready to begin logging some official playing time in his seventh pro season (second with the Argos). But the wait goes on.

"Right now, there's no pain whatsoever," assured the one-time incumbent. "No lack of movement in the shoulder. I feel like I could be 90-95 per cent, maybe more and, if it came right down to it, I could play."

"The way we're kind of thinking, though, is why risk it? It's that 5 per cent you don't know about. Throwing the ball is one thing but getting hit ... getting thrown back on the turf ... well, that's another."

"The first assumption was that this was going to knock me out eight to 10 weeks," Adams went on. "But the day of the Ottawa game (Wednesday) is going to be the sixth full week. The doctor would feel a lot better if I gave it seven — give it that extra time to get the ligaments totally healed."

No immediate rush

"Sometimes you're in a situation where you're forced to bring people back before they're 100 per cent, but that's not the case here. We haven't tore anybody up by any means but we have been winning. If we can keep that up while getting all our injured guys totally healed, it's going to wind up a lot better for the team later on. A month from now, we've got to start playing like a championship team."

A nod of agreement here from head coach Willie Wood.

"When we get there, I'll be the first to shout it out, but we're a long way from being a good football team," said Wood.

"We're fortunate to be where we are but, in the second half, our

schedule's going to toughen up and to compete ... to be the best football team we can be ... we've got to have all our injured at 100 per cent. I just hope those angels hang in there with us a bit longer."

At the soonest then, let's say Adams might reappear in full battle dress for the Ottawa half of the impending home-and-home series with the Rough Riders, a week Tuesday. But would he reappear as No. 1? Right now, this would not rate as one of Wood's most taxing decisions.

No interceptions

"If Mark's going well — and he's doing all right now — I really couldn't justify taking him out of there," said Wood. "He's not hurting us." Jackson, for instance, has yet to serve up an interception.

"It's been frustrating," offered Adams. "You know, you try to be part of the club — I've been helping out at practice, doing some spotting — but it's sure not the same as putting the pads on for real."

Argo Notes: Despite yesterday's stifling conditions, Argos didn't cut any corners at the workout ... "It crossed my mind," laughed head coach Wood, "when I first walked out on the field. But we just can't afford the practice time. Saturday, Sunday and Monday is when we do the bulk of our work ... It used to get humid down in Wisconsin (in his Green Bay Packer days), but I don't recall working out in anything like this."

Argos have brought back 24-year-old rookie tight end Tom Stevenson, a non-import out of Medicine Hat, Alta., and their second-round choice (15th overall) in the 1980 Canadian college draft ... Stevenson was placed on the club's suspended list when he flunked his pre-camp medical because of a bad knee ... "Hyper-extended it playing winter basketball," said Stevenson, who has spent the past two months at home running and lifting weights and officially begins a 14-day trial Monday. "It just didn't come around in time for camp and one leg was about 25 per cent weaker than the other. Now the strength's back, but not the stamina. I just wonder what they want from me here. I don't know if it's first day blues or what, but I kind of wonder if I'm really here to try making the team or if they just want to have a look."

Argos want to let you know that their ticket box office would be open today from 10 a.m. to 6. So now you know.

Ticats get Wayne Smith in Saskatchewan trade

HAMILTON — Hamilton Tiger-Cats have completed a deal with Saskatchewan Roughriders that will bring veteran defensive end Wayne Smith east again to join his fifth Canadian Football League team.

Smith, whom Argos banished to Regina in the middle of the 1979 season after his third campaign with the Boaters became dented with knee injuries, was due to arrive in Hamilton last night and, according to Ticat coach John Payne, was expected to play Tuesday when the club visits the Alouettes.

"We jumped at the chance to get him," said Payne. "Here we've got a quality Canadian defensive lineman and a player of his calibre and wide range of experience can't do anything but help your club."

"Nobody's ever questioned his ability and, no, we sure don't consider 30 too old."

Smith, a Halifax native, is 6-foot-4 and 230 pounds and is into his 12th CFL season. He broke in as a 19-year-old with the Ottawa Rough Riders, where he played on a pair of Grey Cup champions, earned all-Canadian recognition in 1972 and 1974 and was runner-up for the Schenley outstanding lineman award in 1974.

He was traded to B.C. Lions in 1976 after a salary dispute with the Riders and Argos got him a year later in a

trade for Canadians Larry Uteck, Al Charuk and Marv Allemang.

To get Smith, Ticats will give Saskatchewan their second protected Canadian player in 1981, a third-round draft choice and good ol' "future considerations."

"We originally discussed getting Wayne when we were out in Regina during the pre-season," said Payne. "Just talk, though. But he did give me the impression that he hoped something like this — getting back in the East — might be happening."

Payne added that he had not yet decided what shuffling he would do to make room for Smith on the roster.

Toronto sailor leads Laser championship

GIMLI, Man. (CP) — Andy Roy of Toronto held the lead at the end of the second day of competition yesterday at the Canadian Laser Sailing Championship.

Roy won the day's first race and placed third and fourth in the other two races. That gave him a cumulative total of 14.75 points in the meet to date.

Larry Lemieux of Edmonton, who won the second race yesterday, is in second place. He came fifth in the first race and second in the third race.

Sabbatical aids Cait's tennis

By Lawrence Knox
Toronto Star special

It has been an unpredictable summer for Downsview's Ted Cait.

Last month, an unseeded Cait upset top-seeded Mitch Senacher of Don Mills to win the boys' under-18 title at the Polar Cup, Canada's largest junior tennis tournament.

A week later, Cait was seeded third in the Etobicoke Junior Open, but suffered a quarter-final loss to unseeded Lawry Dale of Toronto.

Discouraged by the loss, Cait took a short sabbatical from the junior tennis scene, resurfacing this week as the No. 7 seed in the Ontario junior closed at Kew Gardens.

The layoff seemed to do the 18-year-old Cait a world of good, as he upset second-seeded Simon Lavery of Wiltondale, 6-3, 6-3, to win the under-18 crown yesterday.

Upset top seed

Cait reached the final by bumping off top-seeded Matt Halder in the semi-finals.

With his victory, Cait automatically qualified for the men's nationals in Ottawa early next month. He will also be one of the players representing Ontario at the Canadian junior nationals in Vancouver in late August.

"I'm not totally surprised by the win," Cait said. "I managed to stick to my game plan, which consisted of a serve-and-volley game. I was also able to return Lavery's serves successfully. When I'm playing tough, a lot of people have problems beating me."

"I gained a lot more confidence after beating Matt," continued Cait, a student at William Lyon Mackenzie Secondary School. "I feel I'm ready to play a little more consistently for the remainder of the summer."

It was only the second Ontario tournament this summer for Lavery, who competed in Europe last month.

During the match, he became upset with the umpire over some line calls which went against him. He then proceeded to employ a few tactics which might have unsettled Cait. At one

Tennis roundup

point, Cait served, only to have Lavery ask for a let during his wind-up.

"It bothered me a little," Cait admitted. "I thought I should have won that point (he did anyway). There's no way the point should have been played over."

The win gives Cait a 3-1 edge over Lavery.

"I couldn't really get going today," Lavery said. "I wasn't getting my volleys in the court and he also returned my serves well. He played really tough. But I'm a little upset. I shouldn't lose to a guy like him. I don't think he strokes the ball as well as I do."

Earlier, second-seeded Hattie McDadi of Cobblestone Courts in Mississauga upset top-seeded Chris Prichard of Mississauga, 6-1, 3-6, 6-4, to win the boys' under-16, London's Libby Wilkinson, top seeded in the girls' under-16, defeated second-seeded Marianne Groat of St. Catharines, 6-4, 2-6, 6-4; and top-seeded Denise Barbiero of Ontario Raquets defeated third-seeded Jenny Sheppard of Bradford, 6-1, 6-2, to win the girls' under-18 title.

Cait doubles up

In the boys' under-18 doubles final, Cait and Rob Bennyworth of Toronto defeated Lavery and Halder, 7-5, 4-6, 6-3; Vicki Basset and Sandy McMillan, both of Toronto, beat Patti Henderson of Toronto and Janet Petras of Toronto, 2-6, 6-2, 6-3, to win the girls' under-18; McDadi and Prichard teamed to defeat the Toronto duo of Ritchie Lanys and Davin Gibbins, 6-3, 6-3 in the boys' under-16; and Suzie Hatch of Cobblestone and Monica Kowalewski of Toronto beat Don Mills' Lynn Sajo and Suzie Hatch of ORC, 6-1, 5-7, 6-3, in the girls' under-16 final.

Third-seeded Bill Cowan of Toronto will meet eighth-seeded Andy Avram of Winston-Salem, N.C., in the men's final of the \$4,000 Bata-Athletes World Ontario Open championship at

Martin's book claims owner monitored calls

NEW YORK (UPI) — Billy Martin's forthcoming book charges his two-time boss, New York Yankee owner George Steinbrenner, with monitoring his personal phone calls and other abuses. The New York Daily News reported in today's edition.

Martin, whose stormy relationship with Steinbrenner resulted in frequent controversy and two firings, says in his book, "Number 1," that Steinbrenner tried to pit him against slugger Reggie Jackson; that he reneged on promises; that he threatened to release a file he had accumulated on the manager; and that he meddled in team affairs.

Neither Steinbrenner nor Martin was available for comment.

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